



Email: primetherapies@gmail.com Tel: 07762969474

P.R.I.M.E THERAPY

Dear Parent/ Guardian

P.R.I.M.E Therapy will be continuing services for all students at Ellesmere College for this academic year.

Our main services include:

- Injury assessment, treatment and rehabilitation
- Sports massage and soft tissue massage
- Injury prevention programs
- Musculoskeletal and functional movement screening

To book appointments please email primetherapies@gmail.com or call/text our experienced therapist Gemma on 07762969474. Appointments will predominantly take place every Thursday from 4:00pm – 8:00pm. As the term progresses the time slots will book up very fast so please book at least one week in advance.

Preferred payment by BACS transfer prior to the appointment date. Details as follows:

Natwest

WARING CE

Account no. 90867130

Sort code. 55-81-42

Alternatively payments can be made by cash or added to the school bill.

Cost = £22 per session.

A fixed cancellation fee of £5 will be charged for cancellations within 12 hours of the appointment date. None attendees will be charged the full amount.

Please note that due to the current circumstances, there will be PPE worn at all times by the therapists, an additional Covid-19 screening form will be required to be filled in prior to every session and there will be a stringent cleaning process between every client. We also ask that the patient attends in a mask and does NOT attend if there are any symptoms of Covid-19 present.

Any further queries please feel free to contact myself on the details provided.

Kind regards,

Catherine Beattie BSc (Hons) MSST
07856365353

primetherapies@gmail.com