

ELLESMERE COLLEGE

GIRLS HOCKEY PROGRAMME

2017/18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8	YEARS 3-6 HOCKEY	YEARS 7&8 HOCKEY	YEAR 9-13 HOCKEY / FIXTURES	YEARS 3-6 HOCKEY		ALL YEARS HOCKEY FIXTURES
9						
10	YEARS 7&8 SQUADS	YEARS 9-13 SQUADS		YEARS 8-13 FITNESS FOR HOCKEY 4:15-5:15 MEET AT FITNESS SUITE	YEARS 9-13 SQUADS	
11						
AS	YEARS 9-13 MIXED SOCIAL HOCKEY 8:00 – 9:15 MEET AT ASTRO	YEARS 8-13 ELITE HOCKEY MASTERCLASSES 5:15 – 6:15 MEET AT ASTRO				

ADDITIONALLY, 1 TO 1 PRIVATE COACHING SESSIONS ARE ALSO AVAILBLE DURING THE SCHOOL DAY. SEE MISS MARSHALL FOR DETAILS.