



Mrs J Evans
Teacher of History
Email: jessica.evans@ellesmere.com

Dear Parent,

Please find below the details of your child's October expedition. They will be completing a practice walk for their Bronze Duke of Edinburgh Award, which must be completed in order for them to attempt the assessed expedition in the final week of the Summer Term. You will also find a kit list and information about the food that your child will need to bring with them.

In order for us to effectively plan for the expedition we would like to confirm that your child will not be prevented from attending due to medical conditions or travel arrangements. (Please note that we may be able to accommodate some medical conditions; if you have any concerns or questions relating to this then please contact Mrs Evans jessica.evans@ellesmere.com).

Please complete the attached slip and return it by Friday 22nd September.

Yours sincerely,

OCTOBER 2017 EXPEDITION

Please send your response for the attention of Mrs J Evans or email to jessica.evans@ellesmere.com. Please respond no later than Friday 22nd September.

Name of Student _____

My child can attend the October Expedition Yes _____ No _____

If your answer to the above is no then please give brief details of the reason below:

Ellesmere College, Ellesmere, Shropshire SY12 9AB

Tel: 01691 622321 Fax: 01691 623286

www.ellesmere.com

A Woodard School

Registered Charity number 1103049

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ITINERARY

Wednesday 18th October - Pupils will arrive in College as normal in sensible outdoor clothing (e.g. tracksuit, coat and trainers) which must include waterproof trousers and jacket. Basic training activities such as orienteering and route card completion will take place during the day. Pupils will depart late afternoon for Valley Crucis campsite in Llangollen, where we will complete camp craft training.

Thursday 19th October - Groups will set off on day 1 of their practice walk accompanied by a member of staff who will train them in navigation skills. The walking groups will return to Valley Crucis Abbey to spend the night.

Friday 20th October - Pupils will complete a route from Llangollen to Weston Rhyn where they will be collected and returned to College in time for College transport.

Kit list (Items in bold are compulsory and if your child does not have them they may not be allowed to attend).

- **Walking boots**
- Trainers/flip flops (a spare set for evening)
- Clothing appropriate for 2 days walking /1 night sleeping
- Thick walking Socks *3 (one will act as a spare)
- **Waterproof jacket**
- **Waterproof trousers**
- **Woolly hat and gloves**
- Sun cream
- Sun hat (optional)
- Torch
- Warm jumpers
- Towel and wash bag
- Blister plasters
- Mess tin, knife, fork, spoon and mug
- **Sleeping bag**
- **Sleeping mat**
- **Decent hiking rucksack** (must have a waist support and be large enough to carry all equipment).

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Ellesmere

A 7 – 18 Coeducational School

Please note – we will provide your child with a tent and a cooker

Food and drink

Your child will need to bring with them

- 2 evening meals - these should be substantial and nutritious warm meals
- 2 lunches - these can be cold or hot - your child will have the facility to cook whilst walking if required
- 2 breakfasts - ideally this will be a high energy meal such as oats
- Water bottle/bladder
- Hot drink - tea/coffee/hot chocolate.
- Snacks e.g. Cereal bars, chocolate, dried fruits etc.

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