

# Rudemy



# Ellesmere College Rugby Academy

Ellesmere College has long been associated with rugby excellence. Since its establishment, the Rugby Academy has provided a successful model for other sporting academies to emulate. The philosophy of the Academy is one that focuses on individual development and seeks to get the best out of each and every player.

The Rugby Academy is proud of its modern approach and established links to professional clubs. The facilities, coaches, training programmes and academic support provide pupils with a fantastic opportunity to reach their full potential.

## **Scholarships**

Rugby scholarships are available on an assessment basis for players keen to develop and nurture their game in a professional environment. If you want to know more, why not book a Taster Day and Assessment using the contact details below.

# What can the Rugby Academy programme offer to players?

- Year round rugby development
- Regular fitness testing
- Structured conditioning programmes
- One to one reviews
- Generic skill development

- Positional skill development
- Access to nutritional advice
- Access to cross training sessions
- Game analysis work

### **Facilities**

Members of the Rugby Academy are able to make full use of the College's outstanding facilities which include:

- 7 rugby pitches
- A brand new all-weather pitch
- Indoor swimming pool
- State of the art cardio gym
- Free weight performance gym

### Contact

Director of Rugby: Alex Murphy Email: alex.murphy@ellesmere.com

Tel: 01691 622 321

www.ellesmere.com

- Indoor sports hall
- · Squash and tennis courts
- Tailored Strength
  - & Conditioning Sessions

# Professional Rugby Academies

Ellesmere College is ideally situated for rugby players to access the different levels of representative rugby available. If a player is good enough there is an established platform that allows them to progress from academy to professional player.



# **Rugby Academy Progression Routes**



Shropshire



Worcester



England



Staffordshire



Wasps



Ireland

County



Cheshire



Leicester



Scotland



North Wales



Sale



Wales

### Roll of honour



Tom joined Ellesmere College in Year 8 and played for Shropshire, as well as being part of the Worcester Warriors Academy. At U16 level, he gained his first England cap. Tom has since represented England and Worcester Warriors at U18's.

Tom Furnival - England Under 16's & Under 18's



Efan played at scrum half and quickly progressed through the Ellesmere Rugby Academy programme. Efan went on to be capped at Wales U16s at the Wellington tournament. He has also been capped at Wales U18 level this season during a tour of South Africa.

Efan Jones - U16 & U18 Wales



Gus joined Ellesmere College in Year 10. A committed trainer. taking full advantage of the opportunities and pathways the academy programme provided. In 2017 Gus was capped a year early for Scotland U18's when he played against Wales.

Gus Warr - Scotland U18's



Zac has represented Shropshire, Midlands and Worcester Warriors squads. His latest call-up to the England U16 rugby union side continues the school's tradition for producing international youth players.

Zac Xiourouppa England Under-16



Badri joined Ellesmere College in the Sixth Form, where he studied Mathematics, Physical Education and Russian at A-Level. His intention was always to study for a degree at University and progress his career as a professional rugby player.

Badri Alkhazashvili Toulon & Georgia



Lukas joined Ellesmere College in the Sixth Form to follow the International Baccalaureate course. Lukas played rugby for Germany's U18 team and chose Ellesmere in order to balance academic lessons and rugby training; this allowed him to fulfil his potential in both areas.

Lukas Humpe - Germany U18



James signed his first professional contract in 2008 with the Ospreys, where he has become a key member of the squad. His talents have also been recognised by Wales and following his call up to the recent Six Nations Championship, James has achieved full Welsh honours.

James King - Wales U18, U20, Full International & Ospreys



Colin and Louis both joined Ellesmere College at the start of Year 10. Louis Chaudron achieved England U16 honours, while Colin Dickson went on to be capped against Wales and Italy, for England U16, and was eventually called up into the England Ú18 side.

Colin Dickson - England U16/ U18 & Louis Chaudron -England A U I 6



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