

Ellesmere College Swimming Academy Report November 2022 Short Course Regionals 2022

28 members of the ECSA (Ellesmere College Swimming Academy) descended onto Harvey Hadden Sports Centre in Nottingham for this year's Short Course Regional Championships. The competition took place on the 5th and 6th November, with two heats sessions followed by a final's session each day.

It was our first competition of the season and the Swimming Academy really stepped up to the challenge. We saw athletes from our Youth and Senior Performance squads' race, each athlete took on board information from their pre and post-race chat with their respective squad coach. We will continue to build on our process goals as we move through the training cycle, culminating in our target meet at the beginning of December.

A list of results is below:

Day One

Female 100 Freestyle

15/under Emily Wynne (43rd) Macy Walton (5th) Cici Noss (4th) Anna Farr ** MEDAL ** (1st)

16/over Milly Martin (33rd) Bryony Lowe (26th) Holly Lamb (14th) Anna Farrow (4th)

Male 200 Freestyle

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15/under
Archie Dandy (12<sup>th</sup>)
James Gannicott ** MEDAL ** (3<sup>rd</sup>)
James Raw ** MEDAL ** (2<sup>nd</sup>)

16/over
Jake Lee (10<sup>th</sup>)
Jake Hutchinson ** MEDAL ** (2<sup>nd</sup>)
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Female 50 Breaststroke

15/under Emily Wynne (23rd) Cici Noss (8th) Anna Farr ** MEDAL ** (1st)

16/over Jessica Hussey (22nd) Abigail Febrey (17th) Naomi McGuire (6th) Emily Farr ** MEDAL ** (3rd)

Male 100 Breaststroke

16/over Oliver Covill (5th)

Female 400 IM

15/under Millie Wells ** MEDAL ** (2nd)

16/over Emily Farr (14th) Naomi McGuire (10th) Olivia Hunter (6th) Anna Farrow ** MEDAL ** (2nd)

Male 100 Butterfly

15/under Tyler Holland (24th) Archie Dandy (7th)

16/over Oscar Dodds (11th) Jake Hutchinson (8th)



Female 100 Backstroke

15/under Macy Walton (8th) Millie Wells ** MEDAL ** (1st)

16/over Milly Martin (41st) Prue Noss (31st) Abigail Febrey (24th) Bea Jones (13th)

Male 50 Backstroke

15/under Jack Burston (12th) James Gannicott ** MEDAL ** (1st)

16/over
Jake Hutchinson (6th)

Female 200 Butterfly

15/under Mille Wells ** MEDAL ** (3rd)

Male 200 IM

15/under Archie Dandy (4th)

16/over Oliver Covill (5th)

Female 400 Freestyle

16/over
Bryony Lowe (13th)
Holly Lamb (6th)
Olivia Hunter (4th)
Anna Farrow ** MEDAL ** (1st)



Male 50 Freestyle

15/under Tyler Holland (27th) Archie Dandy (13th) James Gannicott (8th)

16/over
Jake Lee (34th)
Oliver Covill (24th)
Jake Hutchinson ** MEDAL ** (2nd)

Female 200 Breaststroke

15/under Payton Marski (15th) Anna Farr ** MEDAL ** (1st)

16/over Jessica Hussey (16th) Naomi Mcguire (6th) Emily Farr ** MEDAL ** (3rd)

Male 1500 Freestyle

15/under James Raw ** MEDAL ** (1st)

16/over Archie Neaves (5th) Oscar Dodds (4th)

Female 100 IM

15/under Cici Noss (8th) Anna Farr ** MEDAL ** (1st)

16/over Holly Lamb (10th)



Male 200 Backstroke

15/under Jack Burston (7th) Archie Dandy (4th)

16/over
Jake Lee (7th)
Oscar Dodds ** MEDAL ** (1st)

Female 50 Butterfly

15/under Emily Wynne (14th) Cici Noss (12th) Macy Walton (8th)

16/over Milly Martin (36th) Olivia Hunter (11th) Anna Farrow (9th)

Day Two

Male 100 Freestyle

15/under Tyler Holland (20th) James Raw (5th) Archie Dandy (4th) James Gannicott ** MEDAL ** (2nd)

16/over Oliver Covill (20th) Jake Lee (12th) Jake Hutchinson ** MEDAL ** (2nd)



Female 200 Freestyle

15/under Macy Walton (7th) Cici Noss (6th) Anna Farr ** MEDAL ** (2nd)

16/over Bryony Lowe (20th) Naomi McGuire (12th) Holly Lamb (11th) Anna Farrow (5th)

Male 50 Breaststroke

16/over Oliver Covill (16th)

Female 100 Breaststroke

15/under Emily Wynne (12th) Anna Farr ** MEDAL ** (1st)

16/over
Jessica Hussey (23rd)
Abigail Febrey (19th)
Naomi McGuire (8th)
Emily Farr ** MEDAL ** (3rd)

Male 400 IM

15/under Archie Dandy ** MEDAL ** (2nd)

16/over Archie Neaves ** MEDAL ** (3rd) Oscar Dodds ** MEDAL ** (1st)



Female 100 Butterfly

15/under Millie Wells ** MEDAL ** (1st)

16/over Olivia Hunter (7th)

Male 100 Backstroke

15/under
Tyler Holland (23rd)
Jack Burston (12th)
James Raw (8th)
Archie Dandy (4th)
James Gannicott (4th)

16/over Oliver Covill (16th) Jake Lee (6th)

Female 50 Backstroke

15/under Cici Noss (15th)

16/over Milly Martin (38th) Abigail Febrey (25th) Prue Noss (21st) Bea Jones (5th)

Male 200 Butterfly

16/over Oscar Dodds (8th)



Female 200 IM

15/under Cici Noss (9th) Millie Wells ** MEDAL ** (2nd) Anna Far (4th)

16/over Naomi McGuire (21st) Emily Farr (20th) Olivia Hunter (16th) Anna Farrow ** MEDAL ** (3rd)

Male 400 Freestyle

15/under James Raw ** MEDAL ** (1st)

16/over Archie Neaves (9th) Jake Hutchinson ** MEDAL ** (3rd)

Female 50 Freestyle

15/under Emily Wynne (28th) Macy Walton (7th) Cici Noss (4th) Anna Farr ** MEDAL ** (3rd)

16/over Abigail Febrey (39th) Milly Martin (35th) Bryony Lowe (26th) Olivia Hunter (20th) Holly Lamb (15th)

Male 200 Breaststroke

16/over Oliver Covill (8th)



Female 800 Freestyle

16/over Bryony Lowe (12th) Holly Lamb (8th)

Male 100 IM

16/over
Jake Hutchinson ** MEDAL ** (1st)

Female 200 Backstroke

15/under Macy Walton (7th) Millie Wells ** MEDAL ** (1st)

16/over Bea Jones (22nd) Anna Farrow (6th)

Male 50 Butterfly

15/under Tyler Holland (23rd)

16/over Oliver Covill (39th) Jake Lee (19th) Jake Hutchinson ** MEDAL ** (1st)



ECSA Final Totals

Gold - 15

Silver - 9

Bronze - 9

Top 8 finishes – 44

Great work team! You have done yourselves, your team mates and your support teams proud.

If you would like to be a part of the Ellesmere College Swimming Academy, send an email to <u>admissions@ellesmere.com</u>

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ECSA Instagram
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https://bit.ly/EllesmereCollegeSwimmingAcademy