



Ellesmere

A 7 – 18 Coeducational School

Mr I L Williams
Director of Sport
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Dear Parent,

I hope you and all your family are keeping safe and well.

As you can imagine trying to teach an interactive games or P.E. session remotely is not really feasible, so the P.E. and Games department will continue to add extra resources to the FROG pages which I hope will help guide individual activity. These can be found under the Physical Education page and the tab 'KS3 and KS4 P.E. & Games'.

You will find a whole host of useful information, video clips and website links and we will be updating the pages weekly. We hope that the students will find this easy to use and we would encourage them to develop their own weekly routine using P.E., Games and activity time. We appreciate that everyone's home environment will be different so individuals can use what resources they have at home and adapt their environment.

We look forward to welcoming everyone back at school as soon as possible.

Yours sincerely,

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A Woodard School

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