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Advice to All Parents Year 7- Warn and Inform Letter – COVID 19

Dear Parents,

We have received several reports of confirmed cases of COVID-19 in our year 7 group over the half term. The initial infections were probably in the last few days before the break. We have been receiving advice from Shropshire Local Authority's Health Protection COVID-19 cell and they have asked us to send on the following information.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with the local Health Protection Team. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Ellesmere College will open after half term and your child should continue to attend as normal if they remain well unless they are in year 7 / live in the same house as a confirmed case of COVID-19. These pupils should have a PCR unless they had a positive PCR in the past 90 days & are symptom-free. After having a PCR test, they are advised to not attend the setting unless they have had:

- A negative PCR test result or
- Completed 10 days isolation after testing PCR positive

We encourage you to log your results here: https://www.gov.uk/log-test-site-covid19-results

Please can you also email <u>LFT@ellesmere.com</u> with the results.

Those who are <u>clinically extremely vulnerable</u> should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

Instructions for household contacts who are not required to self-isolate from 16 August

Even if you are vaccinated, you can still be infected with COVID-19 and pass it on to others. If you are identified as a contact of someone with COVID-19 but you are not required to self-isolate, you can help protect others by following the guidance on how to stay safe and help prevent the spread.

As well as getting a PCR test, you may also consider:

- limiting close contact with other people outside your household, especially in enclosed spaces
- wearing a face covering for those aged 11 and over in crowded places such as school/college/public transport
- limiting contact with anyone who is clinically extremely vulnerable
- taking part in regular LFD testing

You should follow this advice while the person in your household with COVID-19 is self-isolating.

If you are a health or social care worker or a student undertaking a work placement who has been identified as a household contact and are exempt from self-isolation, there is <u>additional guidance</u> available that you should follow to reduce the risk of spread of COVID-19 in these settings.

If you develop <u>symptoms</u> at any time, even if these are mild, self-isolate immediately, <u>arrange to have a COVID-19 PCR test</u> and follow the <u>guidance for people with COVID-19 symptoms</u>.

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely,

Chatteries.

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