



Ellesmere

A 7 – 18 Coeducational School

Mr I L Williams
Director of Sport
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Dear Parent,

I hope you and all your family are keeping safe and well.

As you can imagine, trying to teach an interactive Games or P.E. session remotely is not really feasible so the P.E. and Games department have been adding extra resources to the FROG pages which I hope will help guide individual activity. These can be found under the Physical Education page and then the tab KS3 and KS4 P.E. and Games.

You will find a whole host of useful information, video clips and website links. There are also tabs to individual sports on the left hand side of this page and we will be updating these pages weekly. We hope that the students will find this easy to use and we would encourage them to develop their own weekly routine using what resources they have at home and adapting their environment.

We look forward to welcoming everyone back at school as soon as possible.

Yours sincerely,

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A Woodard School

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